



Presents

Safe Dating – Talking to Your Teen

Parent Seminar

(Students welcome with parents)

January 19, 2016 at 7:00pm

Skyline High School Library

Parents often talk with their children about the dangers of drinking or doing drugs. Yet many don't know how important it is to also talk about healthy dating relationships.

Do you know the warning signs of an abusive relationship?

Dating is a normal part of growing up for many adolescents. Unfortunately, one out of three teens experience some form of abuse in their romantic dating relationships – including verbal, emotional, or physical abuse.

More than one-in-three 11-12 year olds (37%) say they have been in a boyfriend/girlfriend relationship.

Talking to your teen early is the most important step a parent can take to ensure that when they start dating,

they clearly understand what a healthy relationship involves.

Safe Dating – Talking to Your Teen helps parents learn more about teen dating abuse and gives parents the tools they need to discuss it with their teens. Specifically, parents will learn:

Both sons and daughters need to know what makes a healthy relationship.

- The dynamics of dating abuse
- How to create a comfortable environment for discussing the topic
- How conversations should specifically cover
 - What to expect from a respectful boyfriend/girlfriend
 - What is affirmative consent
 - Relationship boundaries that should be in place
 - Red flags and warning signs of potentially abusive behavior
 - How to avoid or leave an abusive relationship



Every teen deserves, and has the right to, a safe and healthy dating relationship.

Parents Make the Difference!